

PSYCHODRAMA SUPERVISION at the GCMHP 2015 -2023

Dr. Ursula Hauser

Dr. Maja Hess

BREAK THE SIEGE is necessary for any PSYCHOTHERAPY SUCCESS

THE RIGHT TO RETURN



OUR WAY THROUGH EREZ CHECKPOINT



WALLS AND FENCES



DR. MAJA HESS



DR. URSULA HAUSER



BOTH PSYCHODRAMA TRAINERS ON THE WAY



SUCCESSFULL WORK AND HOPE !



REMEMBERING WHAT WAS DONE IN THE WORKSHOP



WARMING-UP EXERCISES



WRITE FEELINGS ON THE GLOBE AND INTERCHANGE IT – RECOVERING THE JOY OF CHILDREN



PLAYING A ROL GIVES THE CHANCE TO
LIBERATE REPRESSED FEELINGS ON STAGE !



ELECTION OF THE PROTAGONIST



PSYCHODRAMA GROUP ACTION



THE GROUP GIVES FEEDBACK TO THE PROTAGONIST !



ONE FOR ALL AND ALL FOR ONE



LIBERATION OF THE ANGER



BODY EXPRESSION



SUPPORT OF EACH OTHER



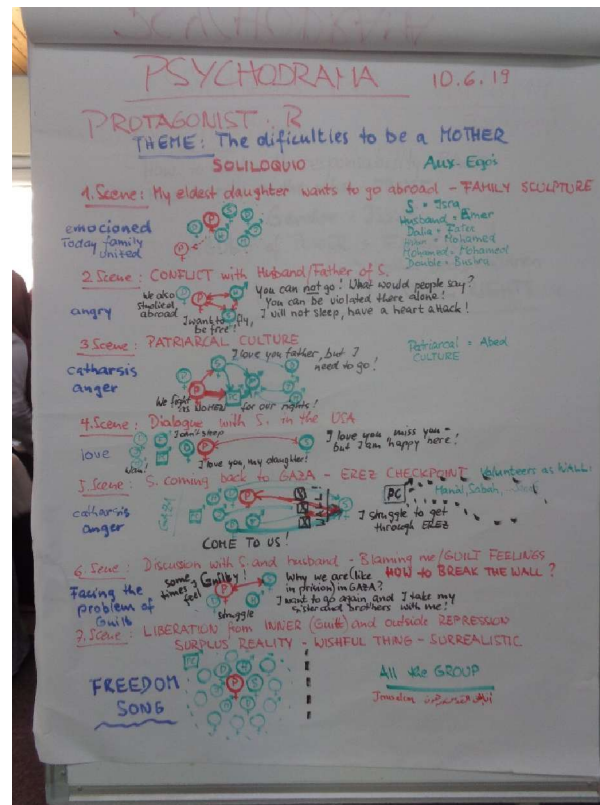
THE BLIND AND THE GUIDE, LEARNING TO BE CONFIDENT, EXPERIENCING POWER



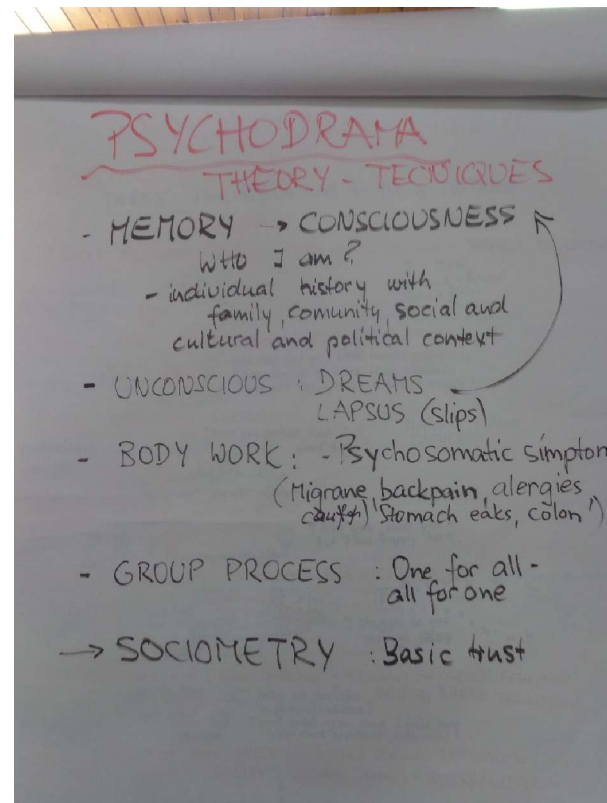
ANALYSES OF THE PSYCHODRAMA PROCESS



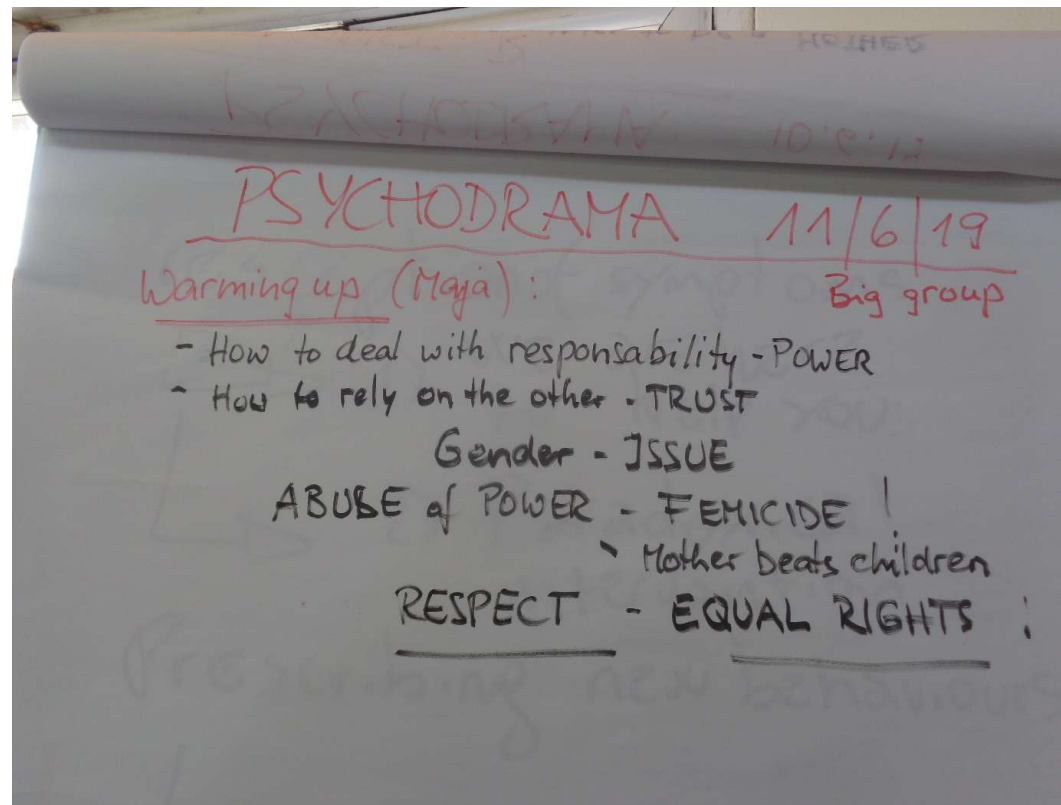
FROM PRACTICE TO THEORY



THEORY AND TECHNIQUES OF PSYCHODRAMA



THE VALUES OF PSYCHODRAMA: RESPECT AND REFORCING RESISTENCE



THE WORKING CONTRACT WITH THE PROTAGONIST



THE WHOLE GROUP IS INVOLVED AS AUXILIAR-EGOS AND CHORUS



REPRODUCING SCENES OF DAILY LIFE AND
MEMORY, 'AS IF' IT WOULD BE REAL – AND THEN
LOOKING FOR THE POSSIBILITIES TO CHANGE!



GETTING RELIEF, RECOVERING JOY OF LIFE



HUMOUR AND LAUGHING IS THERAPY !



IN SOME EXERCISES THE THERAPIST PARTICIPATES



ME AND YOU – PRACTICING EMPATHY



THANK YOU !



GROUP WORK



CREATIVITY, ESPONTANEOUSLY AND IMAGINATION – REELABORATING MY HISTORY



A FINAL WISHFUL HAPPY END !



THANK YOU, DEAR YASSER AND DEAR RAWYA!



RAWYA, OUR WOMAN DIRECTOR OF THE TRAINING DEPARTMENT !



SUPERVISION WITH THE 'OLD GROUP', PIONEER GROUP GRADUATED IN 2006



SUPERVISIÓN WITH PSYCHODRAMA TECNIQUE



PSYCHODRAMA ACTION



GENDER ISSUES WITH AUTHORITY



LEARNING TO SPEAK OUT !



THE CO-THERAPEUT MAJA PLAYS THE ROLE OF AN AUTHORITY



THE AIM IS DEMOCRACY AND SELF-ESTEEM !



WORKING THROUGH PAINFUL MEMORIES !



THE ROL OF THE DOUBLE IS THERAPEUTIC !



DANCING TOGETHER AFTER THE CATHARSIS WHICH GIVE RELIEF



TRUST, LOVE AND UNITY GIVES STRENGTH



Film IN YOUTUBE : BLUMEN ZWISCHEN TRÜMMERN – FLOWERS AMONGST RUBBLE

- Film made by Franziska Schaffner, Dok 52 min., 2017, CH/Gaza.
- It is about our work with PSYCHODRAMA in Gaza.
- It was shown in the Swiss TV during one month, now it is for free in youtube.
- Thanks to all the participants!